



Health & Wellbeing Policy Statement

Contact Radio Communications Ltd is committed to providing a working environment which promotes and maintains the wellbeing and good health of its staff and all other personnel engaged in work for Contact Radio Communications Ltd. Contact Radio Communications Ltd recognises the importance of investing in the health and welfare of its staff by providing a physical and social environment which is conducive to teaching, learning, living and working.

In addition to meeting all legal requirements, we will take a proactive approach to workplace wellbeing by ensuring that mechanisms are in place to prevent work-related occupational health injuries and to promote good health amongst the workforce.

We will encourage the development of a culture in which managers take an interest in the health and wellbeing of their staff and employees themselves adopt a responsible approach to measures within their own control to keep healthy.

Our commitment to maintaining a fit, healthy, highly motivated workforce will be achieved by:

- The promotion of healthy lifestyle choices
- Empowering individuals to develop the knowledge and understanding to make informed choices about their health, well-being and safety, and reducing risk-taking behaviour
- Our approach to working time, flexible working and career breaks
- The provision of both 'with cause' and 'random' drugs & alcohol testing on all our sites and in our offices. We will also provide advice and help to any Contact Radio Communications Ltd employee who discloses a drugs or alcohol dependency.
- Encouraging our workforce to take responsibility for all aspects of their own health, which are within their own control, such as accepting and acting on advice provided in wellbeing clinics and visiting their GPs as and when required to ensure that routine tests are conducted and their health is regularly monitored.

This policy applies to all those employed by Contact Radio Communications Ltd

Date: 13-07-2017

Signed: 

Director

Contact Radio Communications Ltd